

Land Hermit Crab Edu Center

# Hermit Crab NOT Safe List



## Toxic Plants and Foods for Hermit Crabs

Hermit crabs are delicate creatures that require a safe environment and proper nutrition to thrive. Unfortunately, certain foods and plants can be harmful or even deadly if consumed. As a responsible pet owner, it's crucial to understand which items are toxic and avoid offering them to your crabs. If you're unsure about an item's safety, it's always best to wait for confirmation before including it in their diet or habitat. Below is a comprehensive list of known toxic substances that can pose a threat to your hermit crabs.

## Common Household Toxic Items:

---

### Key Toxic Plants and Foods

- **Aconite (Monk's Hood):** A highly toxic plant that can cause severe neurological and cardiovascular damage.
- **African Violet Leaves:** While the flowers are not as harmful, the leaves can cause digestive issues.

- **Amaryllis** : Known for its striking flowers, but toxic if ingested by hermit crabs, leading to vomiting or more severe symptoms.

- **Avocado Leaves** : Contains persin, a fungicidal toxin that can be fatal to hermit crabs. Avoid the leaves, bark, and seeds.

- **Azalea/Rhododendron** : (Spider wood) Both plants are highly toxic, containing grayanotoxins that affect the heart and nervous system.

---

#### **Common Household Toxic Items**

- **Bay Leaves** : Though used in cooking, bay leaves act as a natural insect repellent and should never be offered to hermit crabs.

- **Black Pepper** : This commonly used spice can irritate hermit crabs' digestive systems and should be avoided in any form.

- **Cinnamon** : Known for its aromatic properties, but its concentrated oils are too strong for hermit crabs and can lead to health problems.

- **Chocolate/Cocoa** : Theobromine, found in chocolate, is highly toxic to

hermit crabs and many other animals.

---

#### **Potential Dangers in the Environment**

- **Cedar and (Pine Unknown)**:

These popular bedding and decoration materials are fatal for hermit crabs due to the aromatic oils they release, which can cause respiratory failure.

- **Evergreens (Pine, Cedar, Juniper)** : The resins in these trees are extremely harmful and should never be used in your hermit crab's habitat.

- **Fruit Pits (Apricot, Cherry, Peach, etc.)** :

While the flesh of these fruits is safe, the pits contain cyanogenic compounds that can lead to fatal toxicity if ingested.

---

#### **Controversial Foods to Avoid - Dill and Rosemary :**

Often debated, these herbs have strong essential oils that could be irritating to hermit crabs. Until further research confirms their

safety, it's best to avoid offering them.

- Eucalyptus :

Used in many wellness products, eucalyptus contains oils that are too potent for hermit crabs and should be kept out of their environment.

---

### The Dangers of Pre-packaged Foods

- **Pellet Foods from Pet Stores :** Many commercially sold hermit crab foods contain harmful additives like preservatives, artificial colors, and flavors. Look for natural, preservative-free alternatives to ensure your hermit crabs are receiving safe nutrition.

- Ethoxyquin : A common preservative found in many pet foods, ethoxyquin has been linked to toxicity in hermit crabs and should be avoided.

---

### Plants and Trees to Avoid

- Anemone/Windflower : Its beautiful blooms hide a toxic secret for hermit crabs, leading to severe digestive distress.

- Philodendron : A common houseplant that is highly toxic to hermit crabs, causing issues with their digestive and nervous systems.

- Prunus Species (Cherry, Apricot, etc.) :

While the fruit is edible, the leaves, wood, and bark of these trees contain cyanogenic glycosides, which can release cyanide when digested.

### Toxic plants and foods include:

Alder, Red or White - bark (Alnus rubra, A. rhombifolia,

Oregon" (Alder)

Allium (Allium genus)

Almond, Bitter - seeds/nuts, stems, leaves, wood (Prunus dulcis var. amara)

Almond, Sweet - leaves, wood (Prunus dulcis)

Amanita (Some species of the mushroom Amanita genus are not considered toxic, but it is safest to assume that they all are.

Proper identification can be difficult.)

Amaryllis (Hippeastrum,  
Amaryllidaceae family)

Amaryllis Belladonna (Amaryllis,  
Amaryllidaceae family)

American Hellebore (Veratrum  
viride)

Amsinckia (Amsinckia genus,  
Fiddlenecks)

Anemone (Anemone genus,  
Windflowers)

Angel's Trumpets (Brugmansia  
genus)

Anise - seeds (Pimpinella anisum,  
blossoms are safe) Anti-Caking  
Agents

Apple - seeds, stems, leaves, wood  
(Malus genus, use of the wood within  
a habitat is controversial, repeated  
exposure to pesticides is likely if  
sourced from an orchard, additional  
research is necessary)

Apricot - seeds, stems, leaves, wood  
(Prunus armeniaca) Aprium /  
Apriplum - seeds, stems, leaves,  
wood (Prunus aprium, hybrid of two  
Prunus species - plums and apricots,  
also called Pluots or Plumcots)

Artificial Color, Flavoring, and  
Sweeteners a Ascorbyl Palmitate

Aspartame

Aster (Asteraceae family)

Asteraceae Family (The Daisy family  
is enormous and, while there are

some members that aren't  
considered toxic, it is safest to  
assume that they all are.  
Identification between look-alike  
species is difficult.)

Atropa Belladonna (Deadly  
Nightshade, Belladonna)

Autolyzed Yeast a

Autumn Crocus (Colchicum  
autumnale)

Avocado - leaves, skin, pit, unripe  
flesh (Persea americana. Ripe flesh

americana. Ripe flesh may be safe,  
but no supporting documentation  
exists regarding the toxin "persin"  
and its effects on crustaceans.)

Azalea (Rhododendron genus)

Bamboo - fresh, live (Bambusoideae,  
shoots contain levels of  
cyanide-inducing glycosides)

Baneberry (Actaea)

Barley Malt

Basil (Ocimum basilicum, source of  
linalool, blossoms are safe)

Bay Leaves (Laurus nobilis)

Beach Apple (Hippomane  
mancinella, Manchineel Tree)

Beach Pea (Lathyrus manumus, L.  
japonicus)

Begonia (Begonia species,  
Begoniaceae family)

Benzoates

Betel Nut Palm (*Areca catechu*)

BHA (Butylated hydroxyanisole) a  
BHT (Butylated hydroxytoluene)

Bindweed (*Convolvulus* genus)

Birch Sugar (Xylitol) »

Bird of Paradise (*Strelitzia* genus)

Birdhouse Gourd - fresh, juice  
(*Lagenaria siceraria*)

Bitter Almond - seeds/nuts, stems,  
leaves, wood (*Prunu*:

*dulcis* var, *amara*)

Bittersweet (*Solanum celastrus*,  
Nightshade family)

Black Eyed Susan (*Rudbeckia hirta*,  
*Rudbeckia fulgida*,

Coneflower *Rudbeckia*)

Black Eyed susannena hird,  
*Rudbeckia fu*

Coneflower *Rudbeckia*)

Black Locust - seeds, stems, leaves,  
bark, wo pseudoacacia)

Black Pepper (*Piper nigrum*, source  
of piperine)

Black Walnut (*Juglans nigra*)

Bleeding Heart (*Dicentra*,  
*Lamprocapnos spectak*

Bloodroot (*Sanguinaria canadensis*)

Bluebonnet / Lupines (*Lupinus*  
genus)

Blue-Green Algae (*Microcystis*  
*deruginosa*, cyanok microcystin  
toxin; Not all "blue-green algae" is  
toxic. A research is necessary.)

Bottlebrush - flowers (*Callistemon*  
genus)

BoTleorusn - lowers (*callistemon*  
genus)

Bottlebrush Buckeye (*Aesculus*  
*parviflora*)

Bougainvillea (*Bougainvillea* genus)

Bouillon

Boxwood (*Buxux sempervirens*)

Briars (possible puncture hazard)

Broth (the generic word "broth") a  
*Brugmansia* (*Brugmansia* genus,  
Angel's Trumpets)

Buckthorn (*Rhamnus* genus)

Buttercup (*Ranunculus* genus)

Butylated Hydroxyanisole (BHA)

Butylated Hydroxytoluene (BHT)

By Products (the generic word "by  
product")

Caladium

Calcium Caseinate

Calcium Silicate

Calla Lily (*Zantedeschia aethiopica*, contains insoluble calcium oxalate crystals)

Camphor Tree/Laurel (*Cinnamomum camphora*)

Canola and Canola Oil (*Brassica napus*)

Capsicum - stem, leaves, plant (Nightshade famil  
Carboxymethylcellulose/CMC

Cardinal Flower (*Lobelia* genus)

Carnation - leaves (*Dianthus caryophyllus*)

Carolina Jessamine (*Ge/semium sempervirens*)

Cassava - root, plant (*Manihot esculenta*)

Castor Bean (*Ricinus communis*, Castor Oil Plant)

Castor Oil

Catnip (*Nepeta cataria*)

Cat's Ear (*Hypochaeris radicata*, dandelion look-alike, horses, toxin unknown)

Cattails (*Typha*. No sources indicate that the plant itself has toxic properties. However, *Typha* is very efficient at absorbing pesticides, metals, and other toxic chemicals from polluted water. lol These are most likely stored in the rhizome and it is possible that the harmful substances absorbed could find their

way into the leaves and other parts of the plant.)

Cedar - needles, wood (*Cedrus* genus)

Celandine (*Chelidonium* genus)

Cerbera Odollam (Suicide Tree)

Cherimoya - seeds (*Annona cherimola*)

Cherry - seeds, stems, leaves, wood (*Prunus avium*)

Cherry Laurel (*Prunus laurocerasus*)

Chestnut, Horse (*Aesculus hippocastanum*, all parts)

China Berry Tree (*Melia azedarach*)

Chinese Evergreen (*Aglaonema* genus, contains insoluble calcium oxalate crystals)

Chinese Lantern (*Physalis alkekengi*)

Chestnut, Horse (*Aesculus hippocastanum*, all parts)

China Berry Tree (*Melia azedarach*)

Chinese Evergreen (*Aglaonema* genus, contains insoluble calcium oxalate crystals)

Chinese Lantern (*Physalis alkekengi*)

Chives (*Allium schoenoprasum*, blossoms are safe)

Chocolate

Chokecherry (*Prunus virginiana*)

Christmas Berry (*Heteromeles arbutifolia*, Toyon)

Christmas Rose (*Helleborus* genus)

Chrysanthemum Species / Mums (Asteraceae family, source of pyrethrum/pyrethrin)

Cinnamon

Citronella (*Cymbopogon*)

Citrus Fruit - sour, seeds, rind (Sour varieties are generally unpopular. Limonene is sourced from the rind and is especially concentrated in orange rinds. Post harvest fungicides are typically applied to non-organic citrus.")

Citrus Trees - leaves, wood (lemon, lime, kumquat, orange, tangerine, etc.)

Clematis (*Clematis* genus)

Clove - buds, oil (*Syzygium aromaticum*) \* Clover (*Trifolium*. The red variety *Trifolium pratense* is susceptible to the fungus *Rhizoctonia / Slafractonia leguminicola* which contains the alkaloid toxins slaframine and swainsonine.

Cocoa

Coffee Grounds

Colchicum (*Colchicum* genus)

Columbine (*Aquilegia* genus)

Common Privet (*Ligustrum* genus)

Copper Sulfate

Coral Plant (*Jatropha multifida*)

Coral Plant (*Jatropha multifida*)

Crabapple - seeds, stems, leaves, wood (*Malus sylvestris*, use of the wood within a crabapple is controversial, repeated exposure to pesticides is likely if sourced from an orchard, additional research is necessary)

Creeping Charlie (*Glechoma hederacea*)

Crocus (*Crocus* genus)

Crown of Thorns (*Euphorbia millii*)

Cubé Plant (*Lonchocarpus utilis*)

Custard Apple - young fruit, seeds, leaves, wood (*Annona reticulata*)

Cyanobacteria (*Microcystis aeruginosa*, microcystin toxin. Not all cyanobacteria is toxic. Additional research is necessary.)

Cyclamen (*Cyclamen* genus, Persian Violet)

Cypress (*Cupressus* genus, Cupressaceae family)

Daffodil (*Narcissus* genus)

Dahlia (*Dahlia* species, Asteraceae family, mildly toxic to dogs, cats, and horses, toxin unknown, flowers)

likely safe when fed in moderation with regard to tortoises, no roots)

Daisy Family (The Daisy family, Asteraceae, is enormous and, while there are some members that aren't considered toxic, it is safest to assume that they all are. Identification between look-alike species is difficult.)

Daphne (Daphne genus)

Datura (Datura genus, Thornapples, Jimsonweeds, Devil's Trumpets)

Daylily / Day Lily (Hemerocallis genus. Easily confused with the toxic Liliaceae genus. The flowers and buds of the Daylily species are likely safe in moderation, but not leaves or roots.

Hemerocallis and Liliaceae are both highly toxic to cats.)

Deadly Nightshade (Atropa Belladonna)

Death Camas (Toxicoscordion venenosum)

Death Cap (Amanita phalloides)

Delphinium (Delphinium genus)

Derris Elliptica (Derris elliptica species) +

Destroying Angel (Amanita virosa)

Devil's Ivy (Epipremnum aureum, contains insoluble calcium oxalate crystals)

Devil's Trumpets (Datura genus)

Diatomaceous Earth

Dieffenbachia (Dieffenbachia genus, contains insoluble calcium oxalate crystals)

Dill - seed, stem, leaves (Anethum graveolens, blossoms are safe)

Dittany (Origanum dictamnus)

Doll's Eyes (Actaea genus)

Dumbcane (Dieffenbachia genus, contains insoluble calcium oxalate crystals)

Echinacea (Coneflower, flowers and leaves are likely safe; do not confuse with Helenium genus, Sneezeweed, Black Eyed Susan, or other imitators)

Eggplant - stems, leaves, plant (Solanum melongena,

Nightshade family)

Elderberry - seeds, stems, leaves, roots (Sambucus canadensis. The berries are likely safe, if cooked.

Cooking destroys the cyanide-inducing glycosides in the seeds.)

Elephant Ear (Colocasia genus, Taro, contains insoluble calcium oxalate crystals)

Emulsifiers (i.e. xanthan gum, canola oil, carboxymethylcellulose/CMC, polysorbate 80/P80, microcrystalline cellulose/MCC)



English Ivy (*Hedera helix*)

Enzymes and Enzyme Modified,  
anything a Ethoxyquin

Eucalyptus (*Eucalyptus globulus*)

Euphorbia (*Euphorbia* genus)

European Pennyroyal (*Mentha  
pulegium*)

European Pennyroyal (*Mentha  
pulegium*)

Evergreens (cedar, juniper, pine,  
redwood, etc.)

False Dandelion (*Hypochaeris  
radicata*, dandelion look toxic to  
horses, toxin unknown)

False Hellebore (*Veratrum* genus)

False Jasmine / Jessamine  
(*Gelsemium sempervirens*)

*Gelsemium* genus)

Feverfew (*Tanacetum parthenium*)

Fiddle Leaf Fig (*Ficus lyrata*)

Fiddlenecks (*Amsinckia* genus)

Flatweed (*Hypochaeris radicata*,  
dandelion look-alike, toxic to horses,  
toxin unknown)

Fleabane (*Erigeron* genus)

Four O'Clocks (*Mirabilis* genus)

Foxglove (*Digitalis purpurea*,  
*Digitalis* genus)

Fungi (in general, to include  
mushrooms not identified for safe  
human consumption, toxic species  
vary)

Fungus (in general, toxic species  
vary)

Gardenia (*Gardenia Jasminoides*)

Garlic (*Allium sativum*, blossoms are  
safe) \* Garlic Mustard (*Alliaria  
petiolata*)

Gelsemium (*Gelsemium* genus)

Geranium (*Pelargonium* genus)

Golden Pothos (*Epipremnum  
aureum*, contains insoluble calcium  
oxalate crystals)

Goldenrod (*Solidago Odora*. Flowers  
are likely safe.

Leaves are toxic to sheep and  
susceptible to toxic fungus.

Easily confused with *Haplopappus  
heterophyllus* 14), a plant containing  
trematone which is toxic to grazing  
animals, 16)

Gourds - fresh, juice (the typically  
inedible gourds of the  
Cucurbitaceae family, *Citrullus  
colocynthis*, *Lagenaria Siceraria*,  
Bottle Gourd, *colocynthis*,  
ornamental gourds)

Green Hellebore (*Helleborus viridis*)

Heavenly Bamboo (*Nandina* species)

Hellebore (Helleborus genus,  
Ranunculaceae family)

Hemlock (Conium maculatum)

Honeysuckle - leaves, stems  
(Lonicera species)

Horworms, Horse Chestnut  
(Aesculus hippocastanum, all parts)

Horsetail Reed (Equisetum)

Hosta (Hosta genus, Plantain Lilies)

Hyacinth (Hyacinthus orientalis)

Hydrangea (Hydrangea genus)

Hydrogenated and  
Partially-Hydrogenated Oil a

Indian Poke (Veratrum viride)

Iodized Salt (Table Salt)

Iris (Iris genus)

Iron Ammonium Citrate

Ivy (Hedera, ivy of any kind. Many  
ivys contain toxic properties when  
ingested. Conduct additional  
research based on specific variety.)

Ivy (Hedera, ivy of any kind. Many  
ivys contain toxic properties when  
ingested. Conduct additional  
research based on specific variety.)

Jerusalem Cherry (Solanum  
pseudocapsicum, Nightshade family)

Jicama - skin, stem, seeds, leaves  
(Pachyrhizus erosus)

Jimsonweed (Datura stramonium,  
Datura genus)

Juniper (Juniperus genus)

Kalanchoe (Kalanchoe genus)

Lantana (Lantana genus)

Larkspur (Delphinium genus)

Laurels (Kalmia latifolia, also Prunus  
genus varieties)

Leeks (Allium ampeloprasum,  
porrum)

Lemon (sour citrus varieties are  
generally unpopular)

Lemon Balm (Melissa officinalis)

Lemongrass (Cymbopogon)

Lichen (Letharia and Vulpicida  
species, see Appendix B)

Lily (Lilium genus, Liliaceae family)

Lily of the Valley (Convallaria  
majalis)

Lily of the Valley Bush (Pieris  
japonica)

Lime (sour citrus varieties are  
generally unpopular)

Lobelia (Lobelia cardinalis, Lobelia  
genus)

Lucky Bamboo (Dracaena  
sanderiana)

Lupine (Lupinus genus)

Manchineel Tree (*Hippomane mancinella*, Beach Apple, also spelled "manchionee", "manchineal", "mancinella")

Mango - seeds, leaves, wood (*Mangifera indica*)

Marijuana (*Cannabis* varieties with THC content)

Marsh Marigold (*Caltha palustris*)

Mayweed (*Matricaria* genus)

Mescal (*Agave parryi*)

Microcrystalline Cellulose

Milkweed (*Asclepias* genus)

Mimosa Tree - seed pods (*Albizia julibrissin*, Persian Silk Tree)

Mistletoe (*Viscum album*)

Mold (in general, but especially in a closed environment, toxic species vary)

Monkshood (*Aconitum* genus)

Morning Glory (*pomoea violacea*, *carnea*)

Mother-in-Law's Tongue (*Sanseveria* genus)

Mountain Laurel (*Kalmia latifolia*)

Mums (*Chrysanthemum* species, Asteraceae family, source of pyrethrum/pyrethrin) \*

Mushrooms (those not identified for safe human consumption, toxic species vary)

Mustard Plant (*Brassica*)

Nandina (*Nandina* species, Heavenly Bamboo)

Narcissus (*Narcissus* genus)

Nectacot - seeds, stems, leaves, wood (hybrid of two)

Prunus species - nectarine and apricot)

Nectarine - seeds, stems, leaves, wood (*Prunus persica*)

Nightshade Family (*Solanum/Solanaceae*. While this family includes the potato, tomato, pepper, and eggplant, most plants in this family contain poisonous alkaloids. In general, all parts of the plants are considered toxic.)

Oleander (*Nerium oleander*)

Onion (*Allium cepa*)

Oregano (*Origanum vulgare*, blossoms are safe) \* Oxeye Daisy (*Leucanthemum vulgare*)

Papaya - seeds (*Carica papaya*, Papaw)

Parsley - seeds (*Petroselinum crispum*)

Peace Lily (*Spathiphyllum* genus, contains insoluble calci - oxalate crystals)

Peach - seeds, stems, leaves, wood  
(Prunus persica) Peacotum - seeds,  
stems, leaves, wood (Pyrus genus)

Pennyroyal (Mentha pulegium) +

peony (Paeonia genus)

pepper - leaves, plant (Capsicum,  
Nightshade family)

Pepper, Ground from peppercorns,  
the spice) + peppercorns, all colors  
(Piperaceae, includes ground pepper,  
black pepper, source of piperine)

**Peppermint** (Mentha piperita)

\*Periwinkle Myrtle (Vinca species)

Persian Violet (Cyclamen genus)

Peyote (Lophophora williamsii)

Philodendron (Philodendron genus,  
contains insoluble calcium oxalate  
crystals)

**Pine (Pinus genus) due to sap**

Plantain Lily (Hosta genus)

Plum - seeds, stems, leaves,

wood (Prunus domestica) Pluots /  
Plumcots - seeds, stems, leaves,  
wood (hybrid of two Prunus species -  
plums and apricots, also called  
Aprium or Apriplums)

Poinsettia (Euphorbia pulcherrima)

Poison Hemlock (Conium  
maculatum)

Poison Ivy (Toxicodendron radicans)

Poison Oak (Toxicodendron  
diversilobum)

Poison Sumac (Toxicodendron  
vernix)

Pokeberry / Pokeweed (Phytolacca  
genus)

Polysorbate 80/P80 aa

Poppy (Papaver genus)

Potato - sprouts/eyes, leaves, plant,  
green tubers/root (Solanum  
tuberosum, Nightshade family)

Pride of China (Koeleria  
paniculata)

Privet (Ligustrum genus)

Prunus genus (this genus includes  
apricot, sweet almond, cherry,  
nectarine, peach, and plum, The fruit  
of these trees is edible, but  
everything else - seeds/pits, stems,  
leaves, bark, wood - contains  
cyanide inducing glycosides and is  
considered poisonous to many  
species, in general, all parts of other  
Prunus plants are best avoided.)

Prussiate of Soda

Queen Anne's Lace (Daucus carota)

Ragworts (senecio genus)

Ramps (Allium tricoccum)

Rapeseed / Rapeseed Oil (Brassica  
napus)

Red Emerald (Philodendron)

Red Maple - leaves (*Acer rubrum*, unidentified toxin affecting horses)

Redwood (*Sequoia sempervirens*)

Rhododendron (*Rhododendron* species)

Rhubarb - leaves (*Rheum raphaniticum*)

Rosary Pea (*Abrus precatorius*)

Rose - stems (*Rosa* genus, possible puncture hazard)

Rosemary (blossoms are safe) \*

Russian Thistle (*Salsola* genus)

Sago Palm (*Cycas revoluta*)

Salt (the generic word "salt") \*  
*Sanseveria* (*Sanseveria* genus)

Scarlet Pimpernel (*Anagallis arvensis*)

schefflera (*Schefflera* genus, Umbrella Plant, contains insoluble calcium oxalate crystals)

Scotch Broom (*Cytisus scoparius*)

seasonings (the generic word "seasonings") \*\*

senecio (*Senecio* genus, Ragworts)

Shallots (*Allium ascalonicum*)

Shasta Daisy (*Leucanthemum*, Asteraceae family)

Silicon Dioxide

Snake Plant (*Sanseveria* genus)

Snakeroots (*Ageratina* genus, Asteraceae family) sneezeweed (*Helenium* genus, Echinacea/Coneflower look-alike)

Sneezewort (*Achillea ptarmica*, also called Sneezeweed)

Sodium Caseinate

Sodium Chloride

Solanaceae/Solanum Family (Most plants in this Nightshade family contain poisonous alkaloids. In general, all parts of the plants are considered toxic. See individual entries for eggplant, pepper, potato, and tomato plants.)

Soy Protein

Soy Protein Isolate a

Soy Protein Concentrate a

Spices (the generic word "spices")

Spurge (*Euphorbia* genus)

St. John's Wort (*Hypericum*, also called "Rose of Sharon")

Star Anise Fruit (*Illicium verum*, *I. anisatum*)

Stearic Acid

Stock (the generic word "stock")

Suicide Tree (*Cerbera odollam*)

Sulfates / Sulphates a

Sulfites / Sulphites

Sulfur Dioxide / Sulphur Dioxide

Sundew (*Drosera rotundifolia*,  
*Drosera* genus) Sweet Almond -  
leaves, wood (*Prunus dulcis*)

Sweet Flag (*Acorus calamus*)

Sweet Melissa (*Melissa officinalis*)

Table Salt (Iodized Salt)

Tansy (*Tanacetum vulgare*)

Tarweed (*Amsinckia* genus)

Tea Tree (*Melaleuca alternifolia*)

Temple Bells (*Pieris japonica*)

Texas Mountain Laurel (*Sophora  
secundiflora*)

Textured Protein a

Thorn Apple (*Datura stramonium*)

Thorns (possible puncture hazard)

Thyme (*Thymus vulgaris*, blossoms  
are safe)

Tiger Lily (*Lilium lancifolium*)

Tobacco (*Nicotiana* genus,  
Nightshade family)

Tomato - leaves, stems, plant, unripe  
fruit (*Solanum lycopersicum*,  
Nightshade family)

Toyon (*Heteromeles arbutifolia*,  
Christmas Berry)

Trillium (*Trillium* genus)

Tulips (*Tulipa* genus)

Tumbleweed (*Salsola kalmii*, *S. tragus*,  
Russian Thistle)

Ultra-Pasteurized anything

Umbrella Plant/Tree (*Schefflera*  
genus, contains Insoluble calcium  
oxalate crystals) Venus Flytrap  
(*Dionaea muscipula*)

Venus Flytrap (*Dionaea muscipula*)

Verbena (*Verbena* genus)

Vinca (*Vinca* genus)

Walnut, Black (*Juglans nigra*)

Walnut, English - bark, wood  
(*Juglans regia*)

Water Hemlock (*Cicuta maculata*)

Whey Protein

Whey Protein Concentrate \*

Whey Protein Isolate \*

White Snakeroot (*Ageratina  
alfifolia*)

Wild Angelica (*Angelica sylvestris*)

Windflowers (*Anemone* genus)

Wisteria (*Wisteria* genus)

Wolfbane (*Aconitum* genus)

Wormwood (*Artemisia absinthium*)

Xanthan Gum \*

Xylitol (Birch Sugar, synthetic sweetener)

Yarrow (*Achillea millefolium*)

Yeast Extract

Yeast Nutrient

Yellow Jasmine (*Gelsemium sempervirens*)

Yerba Santa (*Eriodictyon californica*)

Yew (*Taxus baccata*, Taxacede)

Yuca - root, plant (*Manihot esculenta*)

Yucca - root, leaves (*Yucca* genus, leaves - possible puncture hazard)

Zeolite

Zinc Oxide

**\*\*Remember:\*\* \*If it's not on the safe list, don't risk it!\***

## **Final Note: Be Safe. Not Sorry**

**When in doubt, always err on the side of caution. Research any new plant, food, or product before introducing it to your hermit crab's environment. Your vigilance in providing a safe, toxin-free habitat can significantly extend the life of your hermit crab.**